



## **WINNING EDGE for Children - A PROGRAM WITH A DIFFERENCE**

**What is ‘Winning Edge for Children through Neuro-Linguistic Programming [NLP]’?** This is a two-day interactive experience that teaches children to build their life. Tanzi will guide the children in this life enhancing experience. The aim is to teach children life skills that provide the foundation of a successful future.

### **Who can attend?**

Winning Edge is created especially for children between the ages of 10 to 14 years.

### **BENEFITS for Participants:**

Children who have attended Winning Edge in the past have reported:

- . An increase in self confidence
- . Ability to focus and concentrate on the task at hand
- . Increase interest in learning and school work
- . A belief in themselves which does not waver when people criticize them
- . Better communication skills
- . Enhanced team skills and ability to work together with other children as a cohesive unit
- . Realising that leadership means responsibility
- . Learning that mistakes are the road to better performance and not being afraid to make mistakes but to learn from them each time
- . A commitment to themselves that they will overcome all obstacles and prove they are winners!

### **Methodology:**

The program is an experience that children have never come across before in their learning environment. Learning is derived from various experiences the children have in the form of team games and exercises. Unlike a school room, there is no such thing as a “wrong answer”. Children are encouraged to explore and search for the learning points themselves and their imagination is let loose.

## **The key elements of our methodology are as follows:**

- All 7 intelligences are stimulated so that maximum learning can take place.
- The conscious mind is kept entertained so that sub-conscious learning can take place
- Each child has a unique personality and an identity of his/her own and they have to be treated with the same respect as the adults.
- Children have enormous reservoirs of imagination which need to be tapped and brought to the surface.
- Children need positive reinforcements all the time.
- Instead of telling them **what not to do** it is healthier to tell them **what to do** instead.

## **Contents:**

The main contents of the program are as follows:

- Linking system of memory enhancement
- Pegging method of numbers
- Team skills
- Anchoring - accessing resourceful states
- Converting homework into fun time
- Using their minds to master physical performance
- Handling criticism
- Breaking through personal obstacles

## **Event Details:**

**Dates:** 15<sup>th</sup> & 16<sup>th</sup> December 2017 [2 day workshop]

**Time:** 9.00 a.m. to 5.00 pm on both 2 days

**Venue:** Global Towers Hotel, Colombo 6

**Investment:** Rs.10,000/- for both 2 days. This includes the lunch and refreshments in addition to the learning experience.

## Contact Details:

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## Profile of the Trainer



### **THANZIZA SAMSUDEEN: Senior Management Consultant: Sensei International**

With a training career spanning over a period of 13 years Tanzi's training career has been with world renowned Training and consulting brands such as Franklin covey Sri Lanka, Door South Asia and Sensei International. She holds a BSc in Natural Sciences, Advance Diploma in Counselling Psychology, MSc. in Psychology and MBA. Tanzi specialises in Soft Skill Training, Counselling, Coaching, Strategic Management and Human Resource Consulting.

A part of the visiting Lecture panel of the Institute of Personal Management she specialises in lecturing for the National Diploma in Training and development, Diploma in Psychology and The Professional Qualification in HR.

Her training and facilitation experience includes participants from over 15 countries including Europe, Middle East, the Far East and South Asia for the past 10 years. Tanzi comfortably accommodates a range of programmes and participant numbers, from facilitating one on one discussions, personal Counselling, small group coaching sessions, focus group discussions, service standard audits for organisations to large group sessions in both English and Sinhala Her 17 years of professional experience comes from teaching, and the service industry, including mobile and fixed phone, entertainment, real estate and Training.

She has also had the pleasure of working with, and learning from, gurus such as Tom Peters, Dr. Stephen R Covey, Dr. Edward de Bono, Ron Kaufman, Jack Trout, Bob Ulrich, Robert Holden and Robin Speculand.

She was a guest on the popular self-development programme Illakkaya on Rupavahini and is currently a Guest speaker on "Jeevithe Lassana" a programme dedicated to living personal excellence on Suwarnavahini.

Tanzi taps into her knowledge of the natural environment, Psychology and Management principles to make her sessions exciting, practical and easy to grasp.

## **Testimonials from Past participants:**

"I started my NLP journey when I took part in „Winning Edge“ for Children when I was around 10 years old. I truly believe that the tools that I learnt through these programs have helped me reach the place I am today. From excelling in school with tools such as mind mapping and memory techniques to having a clear cut purpose, and goals that will help me reach my purpose has really helped me stay focused and bring me to the point in life I am today.

My purpose was and is to be a world-renowned journalists and, slowly but surely I'm getting there. I graduated with a 1st Class Honours degree in Journalism and Media and was awarded Best Student Journalist in the United Kingdom in 2012 and currently completing my masters. I believe that the various tools that I learnt in the playshop is, somehow, subconsciously inbuilt in me, and that is why I do my best and excel in everything I put my hand to. It has really taught me to live my life to its fullest potential and not forgetting that it was two of the most fun days I have had with kids my own age"

**Natasha De Silva, MA. BA.**

***PhD Candidate in International Politics and Winner of two National Journalism Awards in United Kingdom***

"The first thing that stands out about Winning Edge over a decade later is my first board break. It's a summation of the whole course and a final, symbolic goodbye to childhood fear. Like every other breakthrough in this course, it was accomplished with caring support from Winning Edge facilitators and fellow participants. This experience of peer acceptance and interpersonal support is vital for an age group bordering on adolescence, when such principles and coping skills will be put to the test. After Winning Edge I was equipped with the courage and security to take on the challenges of peer relationships and academia.

Overall, I want to emphasize both how important it is for children to be helped pre-adolescence and how this course brings together children who will experience acceptance and wholehearted guidance that'll positively affect their identities and lives for years to come".

**Iromi Vanessa Abeyawardena**

**Former participant, and later a member of the Sensei Lanka facilitation team**